

Nappy Changing

July 2023

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Children's nappies/pull-ups are changed as and when required or at minimum every 3 hours. They will be checked regularly and changed by an adult that the child knows well.
- At the home visit it will be discussed where the child is at with regarding to toileting and what their needs are.
- The changing area is within the toilet area.
- Each child has their own nappies or pull ups and changing wipes; these are kept in the child's personal bag or a named basket in the bathroom.
- Gloves are put on by staff before changing starts and the areas are prepared. The changing mat is wiped down using anti-bacterial spray/wipes before and after use.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, adults ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet/potty; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Adults are gentle when changing; they avoid pulling faces and making negative comments about nappy contents.
- Adults do not make inappropriate comments about children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. The nappy or pull up is bagged and given back to the parent/carer to take home at the end of the session. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

*This policy was adopted at a meeting of **HOUGHTON & WYTON PRE-SCHOOL PLAYGROUP***

To be reviewed as required.

Signed on behalf of the Parent Management Committee:



*Name of Signatory: **CLAIRE ANDERSON***

*Role of Signatory: **CHAIRPERSON***