

Promoting Positive Behaviour Policy

July 2023

We use an initial problem-solving intervention for all situations in which a child or children are distressed or in conflict. We require ALL STAFF, VOLUNTEERS AND STUDENTS to use positive consistent strategies for handling these situations.

Our initial intervention is as follows:

- Approaching a situation calmly and using a simple "STOP" with a clear hand gesture
- Acknowledging the feelings of those involved "you look really upset" Let the child know we may need to hold the toy/object if there is one involved
- Gather information "what's the problem?"
- Restate the problem "so the problem is..."
- Ask for ideas to solve the problem, always keeping in mind the children's age and stage of development.
- Be prepared to help find a solution, we use sand timers to help support turn taking, help to decide which colour timer is best
- Or offer thinking/quiet time, this could be listening to a story/song tape or a story in the book corner
- Praise the children for helping to solve their conflict
- Stay nearby, if felt needed

Self-regulation is the ability to understand and manage your own behaviour and reactions.

We believe children learning to self-regulate is a key factor in helping them to resolve problems before they escalate and have a better understanding of their emotions as they grow and develop.

As adults ways we can help to develop self-regulation include talking, planning, problem solving and role modelling. You can see from the above step by step approach how we integrate developing self-regulation into this.

We Do Not

- Send children out of the room by themselves or use a naughty chair or step
- Use physical or corporal punishment
- Use techniques to single out or humiliate an individual child
- Shout or raise our voices in a threatening way to respond to inconsiderate behaviours

We only ever use physical restraint such as holding to prevent injury to children, adults or serious damage to property. Details of such an event are recorded and logged and passed on to the manager and parents.

*This policy was adopted at a meeting of **HOUGHTON & WYTON PRE-SCHOOL PLAYGROUP***

To be reviewed as required.

Signed on behalf of the Parent Management Committee:



Name of Signatory: CLAIRE ANDERSON

Role of Signatory: CHAIRPERSON